AROE CURRICULUM: PARENTAL COMMUNICATION CALENDAR

*SPRING HALF-TERM A

Content of the AROE curriculum is outlined in the table below for this half term. AROE lessons each cover statutory Relationships, Sex and Health Education (RSE & HE), underpinned by thematic themes from the PSHE association and our school's AROE ethos, in addition to elements of Citizenship, and RE in line with the British Values. At times it may be necessary for new content to be covered in addition to what is shown below at short notice, in such events we will inform you in writing should any of the content be of sensitive nature.

YEAR 7 YEAR 8 YEAR 9 YEAR 10 YEAR 11

RSE & HE Unit title and Over view	Diversity (Relationships) This unit will cover diversity, prejudice, and bullying .	Discrimination (Relationships) This unit will cover Discrimination in all its forms including; racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia, and transphobia.	Respectful Relationships (Relationships) Families and parenting, healthy relationships, conflict resolution, and relationship changes .	Financial Decision Making (Living in the Wider World) This unit will cover the impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Communication in Relationships (Relationships) This unit will cover personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse.
Skills being covered (Please note that these are not taught in a specific order or as individual lessons)	About identity, rights and responsibilities About living in a diverse society How to challenge prejudice, stereotypes and discrimination The signs and effects of bullying, including online How to respond to bullying of any kind, including online How to support others	How to manage influences on beliefs and decisions About 'group-think' persuasion How to develop self-worth and confidence About gender identity, transphobia, and gender-based discrimination How to recognise and challenge homophobia and transphobia How to recognise and challenge racism and religious discrimination	About different types of families and parenting, including single parents, same sex parents, blended families, adoption and fostering About positive relationships in the home and ways to reduce homelessness amongst young people About conflict and its causes in different contexts, e.g. with family & friends Conflict resolution strategies How to manage relationship and family changes, including relationship breakdown, separation & divorce How to access support services	How to effectively budget and evaluate savings options How to prevent and manage debt, including understanding credit rating and pay day lending How data is generated, collected and shared, and the influence of targeted advertising How thinking errors, e.g. 'gambler's fallacy', can increase susceptibility to gambling Strategies for managing influences related to gambling, including online About the relationship between gambling and debt About the law and illegal financial activities, including fraud and cybercrime How to manage risk in relation to financial activities	About core values and emotions About gender identity, gender expression, and sexual orientation How to communicate assertively How to communicate wants and needs How to handle unwanted attention, including online How to challenge harassment and stalking, including online About various forms for relationship abuse About unhealthy, exploitive and abusive relationships How to access support in abusive relationships and how to overcome challenges in seeking support
Relationships and Sex Education (RSE) Statutory Links (See policy)	2. Respectful relationships including friends (2.2, 2.3, 2.5, 2.8) 6. The law (6.7, 6.8, 6.14)	2. Respectful relationships including friends (2.2, 2.3, 2.8) 6. The law (6.7, 6.8, 6.14)	1. Families (1.1, 1.2, 1.4, 1.5, 1.6, 1.7) 2. Respectful relationships including friends (2.1) 6. The law (6.1, 6.7)	3. Online & media (3.2, 3.3, 3.8) 6. The law (6.13)	1. Families (1.7) 2. Respectful relationships including friends (2.7) 3. Online & media (3.1, 3.4) 4. Being safe (4.2) 5. Intimate sexual relationships, including sexual health (5.2, 5.4, 5.5, 5.6, 5.13) 6. The law (6.2, 6.3, 6.4, 6.5, 6.6, 6.7, 6.8)
Health Education (HE) Statutory Links (See Policy)	8. Internet safety & harms (8.2)		7. Mental wellbeing (7.6)	8. Internet safety & harms (8.1, 8.2)	8. Internet safety & harms (8.2)
Citizenship Links		The precious liberties enjoyed by the citizens of the UK.			
RE (British Values)	Places of worship & leaders (Sikhism)	What's life like as a Muslim?	Islam in Britain today	Leadership - Buddhism	Judaism & Buddhism in the media



Contact Darcy Styles as Head of AROE (dss@woodlandsschool.essex.sch.uk) or Katie Heseltine as Assistant Head Teacher for Cultural Capital (khe@woodlandsschool.essex.sch.uk) should you have any questions or concerns. Woodlands RSE & HE policy is available on our website - this also includes guidance on 'Parental Right to Withdraw', and the governments statutory information on Relationships, Sex and Health Education which replaced the PSHE National Curriculum in September 2020.