

# AROE CURRICULUM: PARENTAL COMMUNICATION CALENDAR

# \*SPRING HALF-TERM B

Content of the AROE curriculum is outlined in the table below for this half term. AROE lessons each cover statutory Relationships, Sex and Health Education (RSE & HE), underpinned by thematic themes from the PSHE association and our school's AROE ethos, in addition to elements of Citizenship, and RE in line with the British Values. At times it may be necessary for new content to be covered in addition to what is shown below at short notice, in such events we will inform you in writing should any of the content be of sensitive nature.

	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
<b>RSE &amp; HE Unit title and Over view</b>	<b>Financial Decision Making (Living in the Wider World)</b> This unit will cover saving, borrowing, budgeting and making financial choices.	<b>Identity &amp; Relationships (Relationships)</b> This unit will cover gender identity, sexual orientation, consent, 'sexting' and an introduction to contraception.	<b>Healthy Lifestyle (Health &amp; Wellbeing)</b> This unit will cover diet, exercise, lifestyle balance, healthy choices and first aid.	<b>Healthy Relationships (Relationships)</b> This unit will cover relationships and sex expectations, myths, pleasure and challenges, including the impact of media and pornography	<b>Independence (Health &amp; Wellbeing)</b> This unit will cover responsible health choices, and safety in independent contexts.
<b>Skills being covered</b> (Please note that these are not taught in a specific order or as individual lessons)	<ul style="list-style-type: none"> <li>How to make safe financial choices</li> <li>Ethical and unethical business practises and consumerism</li> <li>Saving, spending and budgeting</li> <li>How to manage risk-taking behaviour</li> </ul>	<ul style="list-style-type: none"> <li>The qualities of positive, healthy relationships</li> <li>How to demonstrate positive behaviours in healthy relationships</li> <li>About gender identity and sexual orientation</li> <li>About forming new partnerships and developing relationships</li> <li>About the law in relation to consent</li> <li>That the legal and moral duty is with the seeker of consent</li> <li>How to effectively communicate about consent in relationships</li> <li>About the risks of 'sexting' and how to manage requests or pressure to send an image</li> <li>About basic forms of contraception, e.g. condom and pill</li> </ul>	<ul style="list-style-type: none"> <li>About the relationship between physical and mental health</li> <li>About balancing work, leisure, exercise and sleep</li> <li>How to make informed healthy eating choices</li> <li>How to manage influences on body images</li> <li>How to made independent health choices</li> <li>To take increased responsibility for physical health, including testicular self-examination</li> </ul>	<ul style="list-style-type: none"> <li>About relationships values and the role of pleasure in relationships</li> <li>About myths, assumptions, misconceptions, and social norms about sex, gender and relationships</li> <li>About the opportunities and risks of forming and conducting relationships online</li> <li>How to manage the impact of the media and pornography on sexual attitudes, expectations and behaviours</li> <li>About the ethical and legal implications in relation to consent, including manipulation, coercion, and capacity to consent</li> <li>How to recognise and respond to pressure coercion and exploitation, including resorting and accessing appropriate support</li> <li>How to recognise and challenge victim blaming</li> <li>About asexuality, abstinence and celibacy</li> </ul>	<ul style="list-style-type: none"> <li>How to access and manage risk and safety in new independent situations (e.g. personal safety in social situations and on the roads)</li> <li>Emergency first aid skills</li> <li>How to assess emergency and non-emergency situations and contact appropriate services</li> <li>About the links between lifestyle and some cancers</li> <li>About the importance of screening and how to perform self examination</li> <li>About vaccinations and immunisations</li> <li>About registering with and accessing doctors, sexual health clinics, opticians and other health services</li> <li>How to manage influence and risks in relating to cosmetic and aesthetic body alterations</li> <li>About blood, organ and stem cell donation</li> </ul>
<b>Relationships and Sex Education (RSE) Statutory Links (See policy)</b>	6. The law (6.13)	2. Respectful relationships including friends (2.1, 2.6) 3. Online & media (3.3, 3.4, 3.7) 4. Being safe (4.1, 4.2) 5. Intimate sexual relationships, including sexual health (5.1, 5.2, 5.4, 5.5, 5.6, 5.9, 5.11, 5.13) 6. The law (6.2, 6.4, 6.7, 6.8)	3. Online & media ( 3.5)	1. Families (1.1, 1.2, 1.5, 1.7) 2. Respectful relationships including friends (2.1, 2.2, 2.4, 2.5, 2.6, 2.7, 2.8) 3. Online & media (3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7) 4. Being safe (4.1, 4.2) 5. Intimate sexual relationships, including sexual health (5.1, 5.4, 5.5,5.13) 6. The law (6.2, 6.3, 6.4, 6.5)	3. Online & media ( 3.5) 4. Being safe (4.1) 5. Intimate sexual relationships, including sexual health ( 5.4, 5.12)
<b>Health Education (HE) Statutory Links (See Policy)</b>	8. Internet safety & harms (8.1)	8. Internet safety & harms (8.2) 14. Changing adolescent body (14.2)	7. Mental wellbeing (7.5, 7.6) 8. Internet safety & harms (8.1) 9. Physical health & fitness (9.1, 9.2) 10. Healthy Eating (10.1) 12 Health & Prevention (12.1, 12.2, 12.3, 12.4, 12.5)	7. Mental wellbeing (7.2) 8. Internet safety & harms (8.1, 8.2) 14. Changing adolescent body (14.2)	8. Internet safety & harms (8.1, 8.2) 9. Physical health & fitness (9.1, 9.2, 9.3) 10. Healthy Eating (10.1) 12 Health & Prevention (12.1, 12.3, 12.4, 12.5) 13. Basic first aid (13.1, 13.2, 13.3)
<b>Citizenship Links</b>	Development of the political system or democratic government in the UK, including the roles of citizens, Parliament & the monarch. The functions and uses of money, the importance and practice of budgeting, and managing risk.	The nature and rules of law and the justice system, including the role of the police and operation of courts and tribunals.			The different electoral systems used in and beyond the UK and actions citizens can take in democratic and electoral processes to influence decisions locally, nationally and beyond Other systems and forms of government, both democratic and non-democratic, beyond the UK Local, regional and international governance of the UK's relations with the rest of Europe, Commonwealth, the United Nations and the wider world.
<b>RE (British Values)</b>	Places of worship & leaders (Hinduism)	What's it like being Jewish?	Buddhism in Britain today	Leadership - Judaism	Humanism - What is it?