**Cooking Opportunities with Our Department: A Taste of Success!**

At Woodlands school we pride ourselves on offering a variety of exciting cooking opportunities that allow you to explore new flavours, develop your culinary skills, and express your creativity in the kitchen. We educate pupils on personal and food hygiene to keep themselves and other safe, we expect pupils to tie long hair back, no false/long nails and no nail varnish as this would be the same for the real working kitchen if they ever chose to work in this sector.

**Our Rules and Expectations**

We want every cooking experience to be a positive and productive one, so we’ve outlined a few simple guidelines to ensure everything runs smoothly:

1. **Bring Your Ingredients:** Pupils are expected to bring the ingredients for the dishes they will be cooking. We give pupils an ingredient sheet at the beginning of the year however if they lose this, they can view this on the school website. Pupils also need to bring a suitable size container in order to take their food home. \*NB on the ingredient list we have identified the ingredients of items eg. Sauces that we provide as a school, please check this if your child has a medical condition/intolerance either contact the food teacher or supply an alternative.
2. **Ingredient Forgetfulness:** We understand that sometimes things slip through the cracks or finances are hard. If you forget the ingredients, please notify your teacher before 8:40am of the day you have your lesson, alternatively parents and carers are able to email them in advance. This notice helps the technician get everything ready for the lesson so the lesson is able to run smoothly and able to support all, after this time the technician will not be able to do this therefore your child will not be able to take part in the practical. Please bring a suitable size container with you so you are able to take this home.
3. **Consequences of Not Bringing Ingredients:** While we’re understanding, it’s important to remember that consistently forgetting ingredients can affect the flow of the class and may result in an incomplete cooking experience. If teachers aren’t made aware of support needed and pupils come to the lesson they will be issued a 30 minute sanction, our aspiration is for all pupils to cook and gain these skills so please communicate.