

On Wednesday 13th May, a group of our pupils had the exciting opportunity to visit NHS staff at Brentwood Community Hospital for an engaging and hands-on healthcare careers day. Throughout the day, pupils learnt about the wide variety of both clinical and non-clinical roles within the NHS, gaining a valuable insight into the many career pathways available in healthcare.

Pupils also took part in practical workshops where they developed skills used by healthcare assistants, including learning how to take physiological measurements such as pulse rate, blood pressure, oxygen saturation, and temperature. The pupils showed excellent focus and professionalism while practising these essential healthcare skills.

One of the highlights of the day was the CPR training session, where pupils learned potentially life-saving cardiopulmonary resuscitation techniques and how to respond in emergency situations. They then had the opportunity to put their knowledge into practice by working through realistic patient scenarios at the end of the day, demonstrating teamwork, communication, and problem-solving skills. The pupils represented the school brilliantly throughout the visit and received praise from hospital staff for their enthusiasm, maturity, and willingness to participate. We are extremely proud of how they conducted themselves and grateful for this opportunity from NHS Essex Integrated Care Board and The Careers and Enterprise Company for providing such an inspiring and informative experience.



