

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main meal	Plant based Kofta wraps	Pie & mash with gravy	Roast gammon with Yorkshire puds & gravy	Jerk chicken thighs with rice & peas	Breaded chicken Battered cod
Vegetarian	Macaroni cheese	Sweet & sour veg with rice		Cheese & tomato quiche	Courgette, cauliflower & butternut tagine
Potato/vegetable	Broccoli	Sliced green beans	Roast potatoes Carrots	Sweetcorn	Chips Baked beans Garden peas
Dessert	Cookies Chocolate oat cake	Hot apple slice & custard Brownie	Cookies Rice krispie cake	Hot apple crumble & custard Brownie	Blondie Jam doughnuts Flapjack
Grab & go	Pizzini Pasta & sauce Sandwiches Baguettes	Teriyaki chicken wraps Pasta & sauce Sandwiches Baguettes	Panninis Pasta & sauce Sandwiches Baguettes	Jumbo sausage baguette Pasta & sauce Sandwiches Baguettes	 Pasta & sauce Sandwiches Baguettes

