

How to revise using Mind Maps

Why are mind maps good?

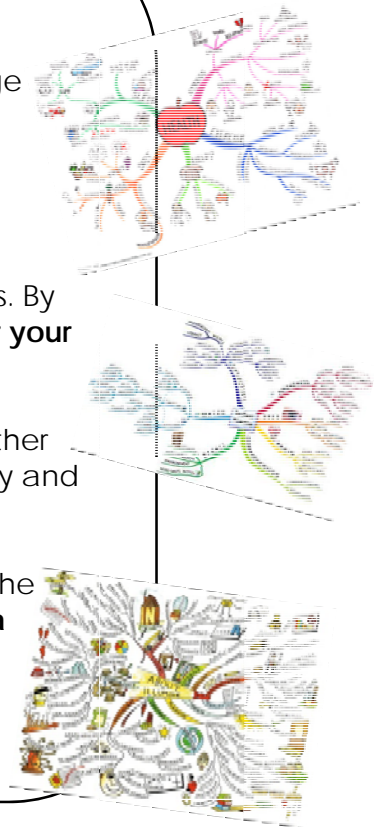
They help you to structure, manage and memorise the knowledge you're trying to acquire.

A mind map makes use of "**memory triggers**" (pictures, colours, shapes, specific locations etc.)

Mind maps are a great, if not *the* best brainstorming tool there is. By drawing a mind map you **kick your brain into action** and **further your creativity**.

Drawing a mind map prior to a written exam, an essay or any other creative task will help you **retrieve information** from your memory and come up with **new ideas by association**.

Most of you will use some form of **linear note taking** to capture the information presented to you in class. **Mind maps however are a much more effective tool when it comes to note taking.**



Top Tips

- Always start with your sheet of paper landscape.
- Start with a central idea or topic which is in bold colour and with a picture.
- Never use straight lines (your brain captures the information better with a curved line)
- Use plenty of colours, colour coding ideas and themes will make the map more effective.
- Use simple pictures to help as 'memory triggers'.
- Don't add any unnecessary information to your mind map.



REMEMBER!
Making the mind map is just the first step ... you have to work at memorising the information!

It's never too early to start your revision!

Mind maps can take a long time to create. But once they are done they are valuable. Start now so that you have a bank of mind maps ready when you start your final wave of revision.

